



PAUL'S PLACE

Strengthening Lives, Transforming Community

PAULSPLACEOUTREACH.ORG
SUMMER 2023

The Pulse

A Plan for the Future

Paul's Place's is committed to the mission and vision that have guided us through the past forty years. **To continue to be a dependable anchor for Southwest Baltimore and offer effective resources targeted to the changing needs of our community, we have launched a new strategic plan.** Through a comprehensive process involving Paul's Place board members, staff, volunteers, community members, and guests, we identified these **strategic priorities: our place on the continuum; our programs and services; organizational capacity; and communication.** The process also showed us *we are already doing the right things.* Now we have a clearer path to help us reach more people, achieve a greater impact, and make a stronger community.

Watch for announcements and invitations this Fall to learn more!

GUESTS ARE SAYING...

"Thank you for helping me and my family. God bless Paul's Place."

— JAMES

EXECUTIVE DIRECTOR'S LETTER

Dear Friends of Paul's Place,

Welcome to summer in Baltimore! Along with the heat, humidity, and thunderstorms comes an opportunity to **reflect on accomplishments and plan for next steps.** It also comes with the excitement of 40 children with us for summer camp. They had great experiences with activities at several area churches and on field trips.

June wrapped up with a Board meeting where we said goodbye to Larry Laws and Susan Owens, whose second terms came to a close.

We are grateful for their time and dedication. As they departed, we transitioned Mike Wilt to President and Danté Jones to Vice President. Both have been involved with Paul's Place for many years, and I look forward to working with them in their new roles. **We also welcomed five new members:** Julie East from Atlas Restaurant Group; Michelle Kinsey from BGE; Kim Lane, Executive Director of Pigtown Mainstreet; Phylicia Porter, Councilwoman for District 10; and Dan Rauenzahn from T. Rowe Price. We are fortunate to have their expertise and commitment to the work we are doing.

In addition, the Board approved a new Strategic Plan that took shape over the last year in partnership with Maryland Non-Profits and a committee of Board members, staff, and volunteers. While we expected to uncover a new project or big idea, we found that **our role as a resource hub is critical to the well-being of the community** and our next steps must address the gaps in basic needs that not only still exist, but that have been exacerbated by the pandemic and inflation.

In July, we welcomed the 8th cohort in our culinary training program and cemented a **partnership with the third and last elementary school in this neighborhood** to provide an After 3 program beginning with the new school year.

Finally, after reflecting on my first year as Executive Director, I must share that I am:

- **In awe of the founders** of this organization.
- **Grateful for the tenacity** of those who grew and adapted it to what it is today.
- **Dedicated to the ongoing hard work** it will take to help Southwest Baltimore live up to its potential.
- **Humbled by the individuals, foundations, corporations, churches, schools, volunteers, and public servants that invest in this mission** to improve the quality of life in Southwest Baltimore, while working toward a vision where all residing here will have quality health care, education, employment, and housing.

Thank you for inspiring me with your investment in us.

Sincerely,

Tim Regan
Executive Director



Culinary training program cohort 7 students graduated in June

Ive'Anse's Story

They say it's not work if you're doing what you love. Ive'Anse Jones is finding out if that's true. Like many students in Paul's Place's culinary training program at Groundwork Kitchen, Ive'Anse loved to cook for family and friends. She also had a long-term goal to own a catering business and the determination to achieve it. **The program was the perfect place to start, providing both formal culinary training and industry experience.** She has built on this experience by working in various food service positions with Groundwork Kitchen for events.



Graduation day for Ive'Anse

Ive'Anse's commitment was genuine—she successfully completed the 12-week training while also balancing a full-time job. As a member of cohort 6, Ive'Anse earned several industry-recognized credentials before graduating in Spring 2023. She quickly found employment in the food service industry and is currently working full-time at a senior living community. Ive'Anse is already taking the next steps with a professional catering certificate program at a local community college. **Paul's Place remains a source of support after students graduate,** and Ive'Anse is an active participant in alumni workshops to strengthen her culinary skills.

For information or to apply, visit groundworkkitchen.com/training-program.

Peer Support for Addiction Recovery

Addiction is a critical problem all over the country. It goes hand-in-hand with mental health issues, crime, poverty, and homelessness. In Southwest Baltimore, **Damain Teat, RPS, CPRS, MHFA, Peer Recovery Advocate, is offering a path to recovery.** Part of the Paul's Place Street Outreach team, every Wednesday and Friday he travels our neighborhoods to provide information on resources or to just listen without judgment. In recovery himself, Damain understands the obstacles that make it so difficult to take the first step and to continue the journey; shared experiences make it easier to accept help. When not on outreach, he is at Paul's Place, interacting with guests and providing peer advocacy services. **In the past fiscal year, Damain connected 93 people to a treatment program!** He also saves lives. Many times, he has administered naloxone to someone on the street in danger from an overdose, keeping them alive until first responders arrive.



In June, **Damain completed the IRIS Fellowship,** an initiative funded by the National Institute on Drug Abuse (NIDA). Participants representing diverse recovery roles met at University of Maryland, Baltimore once a month for ten months to build research skills toward greater peer workforce integration into the opioid recovery support system. This collaboration will help Damain deliver the most effective, analysis-based services, which means more people moving toward recovery. "I live with empathy and compassion towards those I serve," says Damain.

DONORS ARE SAYING...

"I think a lot of your longstanding and dedicated work on behalf of Baltimore. It is my pleasure to help."

— WILLIAM M.

VOLUNTEER VIGNETTE

Since 2021, **Barry Phipps** has been a weekly volunteer. That September, her friend Susie—already a volunteer—asked Barry to come with her to help with lunch. That was all it took. After that, she joined Susie every Wednesday at Paul's Place to assist in the kitchen or at the front door.

A few months ago, Barry expanded her volunteer duties to the computer lab. Now she's here two days a week! She still enjoys helping with lunch on Wednesdays and now also is here on Tuesdays in the computer lab, assisting guests with searches for jobs, housing, and more.

Barry is here every week because she loves it here and loves the people. She also learns a lot about our guests and their experiences, often amazed by their ability to persevere and inspired by their stories of success.

Each of us have skills that we may never have thought of using to benefit the community. Barry doesn't consider herself a computer expert by any means, but her ordinary skills are making a difference! If anyone is considering being a volunteer, Barry says, "Don't hesitate. There's always some way you can help."



Barry's ready to assist!

In-Kind Donations Needed

There is currently a high demand for seasonal clothing, particularly for men. The following items are especially needed:

- Men's summer clothes
- Men's underwear (new, in sealed packaging)
- Men's shoes
- Sheets
- Towels
- Wash cloths



For donation guidelines or to schedule a drop-off, visit paulsplaceoutreach.org/donate/.



Morgan Stanley donations

VOLUNTEERS ARE SAYING...

"One of the greatest things about Paul's Place is the people you work with."

— BARRY P.

SUMMER FUN FOR KIDS IN OUR COMMUNITY

Remember those summers when you were a kid? Maybe you had a place to go for fun activities and adventures. For the kids in Southwest Baltimore without that opportunity, **Paul's Place held their Summer Camp again this year!** For four weeks, 40 enthusiastic campers enjoyed crafts, games, and field trips *free of cost to their families.* **The need for this program is high:** there was a full roster this year and a waiting list.

"Camp has been great, thus far," said Nicole Davis, Director of Youth Programs at Paul's Place, about the first week. "The theme of the week is Bird Land. The campers have learned several bird calls, made bird houses, and created beautiful arts and craft projects." Paul's Place is grateful to the generous sponsors who made this possible. The Church of the Redeemer in Baltimore, St. James' Episcopal Church in Monkton, and St. Thomas' Episcopal Church in Owings Mills each hosted one week of camp, and St. John's Episcopal Church in Glyndon sponsored field trips for one week. Baker Donelson and their employees supplied beach towels and other necessities. **You can help make summer memories for children in our community with a gift to Paul's Place.**

For more information, contact Nicole Davis at ndavis@paulsplaceoutreach.org.



Volunteers Make it Happen!

Volunteers make things happen at Paul's Place! Since our founding, we have relied on them to make our work possible, and **we cannot thank them enough.**



AileyCamp



JJ McDonnell

Call for Volunteers

Individuals, families, groups of friends, students, and co-workers — **we need YOU to help us make it happen!** The more volunteers we can rely on, the better the service we provide our guests. You will make a brighter day for those who come to Paul's Place, and your day will feel brighter, too!

Contact our Volunteer Manager, Chevonne Francois, at chevonnef@paulsplaceoutreach.org or visit paulsplaceoutreach.org/get-involved/

Increasing Our Impact

Paul's Place has added Charles Carroll Barrister Elementary to the After 3 program!

Along with George Washington Elementary and Southwest Baltimore Charter School, **we now offer after school support for the students in all three elementary schools in our neighborhood!** After 3 provides mentoring, tutoring, and enrichment activities that strengthen academic skills, resulting in a better chance for success throughout their school years. Parents and guardians also benefit with less to worry about, knowing their children are in a safe, supervised environment during after school hours—at no cost to them. There is a waiting list at each of these schools for students to enroll in After 3, showing the great need for this program.



To learn more about After 3, contact **Nicole Davis, Director of Youth Programs**, at ndavis@paulsplaceoutreach.org.

Day Programs by the Numbers: January through June



LUNCHES SERVED
16,708



BREAKFASTS SERVED
8,506



LAUNDRY LOADS DONE
995



SHOWERS TAKEN
747

The total of these services delivered January through June **increased by over 10,000** compared to the prior six-month period. *The need continues to rise!*

Results from Fiscal Year 2023: July 1, 2022 - June 30, 2023



GUEST ENGAGEMENT SERVICES
972



VITAL DOCUMENT SERVICES
463



EMPLOYMENT SERVICES
377



PREVENTIVE HEALTH SERVICES
664



PEER RECOVERY ADVOCACY SERVICES
702

We can now reach farther through street outreach—thanks to this awesome van!

Through the generosity of the Kenneth S. Batty Charitable Trust and Heritage MileOne Autogroup / MileOne Cares, Paul's Place has its own van dedicated to our outreach efforts. With space to carry both team members and plenty of supplies, we can reach more people and work more effectively – with a more professional appearance.



Our health and wellness services have expanded to two days a week!

In partnership with the University of Maryland, Baltimore School of Nursing, we are grateful to have Megan Doede, Ph.D., RN serve as Paul's Place's Director of Health and Wellness, operating our onsite Nurse's Clinic on Wednesdays, conducting street outreach on Wednesdays and Fridays, and seeing guests for follow-up visits.



Increased Need Requires Increased Resources

How's your budget? Probably stretched by the increased costs of food and other necessities. For those who were already struggling, it's been a tipping point, particularly with the ending of emergency relief programs. **As more neighbors seek our help, Paul's Place is also challenged with the same higher costs in order to meet the growing need—from food to operational expenses.**

HELP US MEET THE NEED BY MAKING A GIFT TODAY
USING THE ENCLOSED REPLY ENVELOPE OR VISITING
PAULSPPLACEOUTREACH.ORG/DONATEONLINE/.

THANK YOU FOR DOING YOUR PART!



PARTNERS ARE SAYING...

"I worked with them helping their clients get health care via Medicare. They are a wonderful program in Baltimore City [to] help homeless and needy folks. This is a good program and I am happy to help."

— QUASHI M.